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Zen Cancer: An Interview with Phil Sudo

— Philip Toshio Sudo, Zen Guitar “When a leaf falls from a tree, when a river flows to the sea, when a bee flits from flower to flower, it happens without “action” or “doing.” Nature is simply being. In the same way, human beings should simply be.”

Zen Guitar by Philip Toshio Sudo, Philip T. Sudo ...

Zen Guitar provides the key to unlocking this song—a series of life lessons presented through the metaphor of music. Philip Sudo offers his own experiences Unleash the song of your soul with Zen Guitar , a contemplative handbook that draws on ancient Eastern wisdom and applies it to music and performance.

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Philip Toshio Sudo (1959–2002) was the eldest son of Japanese-American parents. He attended Macalester College in St. Paul Minnesota, graduating Phi Beta Kappa with a Liberal Arts degree. He then...

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Zen Guitar - Philip Toshio Sudo - Google Books

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Zen Guitar provides the key to unlocking this song - a series of life lessons presented through the metaphor of music. Philip Sudo offers his own experiences with music to enable us to rediscover the harmony in each of our lives and open ourselves to Zen awareness uniquely suited to the Western mind.

Zen Guitar by Philip Toshio Sudo - goodreads.com

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Zen Guitar Philip Toshio Sudo

The Zen Guitar Dojo is the living vision of musician, author, composer and teacher Philip Toshio Sudo. The Zen Guitar Dojo is a place to be. The Zen Guitar Dojo is a place to be. Based on the spirit and principles of the Japanese dojo, it is a participatory community that seeks to elevate the human spirit through music.

Nonfiction Book Review: Zen Guitar by Philip Toshio Sudo ...

Philip Toshio Sudo was a Japanese-American musician and writer who studied Zen extensively and wrote four books on the subject for popular audiences: Zen Guitar, Zen Computer, Zen Sex, and Zen 24/7. On April 2, 2001, he visited his doctor to find out whether he had a stomach ulcer, as he had been suspecting.

Zen Guitar - Kindle edition by Philip Toshio Sudo. Arts ...

In a charming book that combines the mastery of the guitar with the mastery of Zen, Sudo introduces the Zen concept of Shyguo, according to which the spiritual journey, the Way, and the practice of...

Philip Toshio Sudo Quotes (Author of Zen Guitar)

Tobias Hurwitz plays Phil Sudo's "One Sound One Song" from Zen Guitar.....

Zen Guitar | Book by Philip Toshio Sudo | Official ...

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Zen Guitar by Philip Toshio Sudo - Audiobooks on Google Play

Guitarist Tobias Hurwitz plays "One Sound One Song," written by "Zen Guitar" author Philip Toshio Sudo. The composition is made up of 12 "themes," which the performer assembles spontaneously, so...

Zen Guitar by Philip Toshio Sudo (1998, Paperback) for ...

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